

Pregnancy, Menstruation & Outcome Options Part 1

<p>Objectives: Review the interaction between the menstrual cycle and pregnancy, explore pregnancy outcome options.</p> <p>Materials: Folders, Table Trackers, paper, pencils, projector and speakers, markers, scissors, flip chart paper, post-its, computer access for project, menstrual healthy products, what makes a baby book (see slide 2 for break-down)</p> <p>Link to Powerpoint: Pregnancy, Menstruation & Outcome Options</p> <p>Links to Handouts: Folder with materials</p>	
Learning Activity	Time: 150 minutes
<p>Do Now & Intros: Read what makes a baby, stopping to further explain anything that students respond to. You can ask questions about birth weight, c-section vs vaginal birth (be sure to establish that all birth is natural and to not equate vaginal birth with natural, or unmedicated with natural).</p> <p>Following reading debrief the worksheet and clarify the 3 modes of insemination: via sexual intercourse, intrauterine insemination and invitro insemination.</p>	20 mins
<p>Group Guidelines, Agenda & Quote: Revisit the “ All Hands On” wreath and additional class guidelines, and review the agenda.</p>	5 mins

Consent & Safer Sex

<p>Objectives: Frame consent by intentionally casting a wide net in describing what sex even is. Students will work through defining abstinence then move on to consent, culminating in discussions and projects that explore the connection between safer sex and consent.</p> <p>Materials: Folders, Table Trackers, paper, pencils, projector and speakers, markers, scissors, flip chart paper, post-its, computer access for project (see slide 2 for break-down)</p> <p>Link to Powerpoint: Consent & Safer Sex</p> <p>Links to Handouts: Folder with materials</p>	
Learning Activity	Time: 160 minutes
<p>Do Now: Students should settle into this in a self-directed way. Students should follow the directions projected on the board - creating group definitions of abstinence.</p> <p>Following this groups will transfer their definitions to poster paper and pass their definitions to their left. Once each group has a new page they will begin to place the intimate acts listed on the assignment sheet in the yes or no column. Following a group discussion will take place to unpack the amorphous nature of defining abstinence.</p>	25 mins

Safer Sex & Contraception Part 3

<p>Methods: This section is all about contextualizing options for relationships; from outcomes to consent talks. Take time to review methods and work through the discussion points in the slides. This lesson can easily be expanded to its own day - consider how you might expand and have students do research projects on their topics.</p>	20 minutes
<p>Project: Students will create a comparison table of the methods and their efficacy. Since STIs and STDs are the topic for the following lesson, start mentioning how one might take precautions from them. As students are diving deeper into methods plant the seed that consent, pregnancy prevention and STI/STD management and prevention are all a part of this decision making process.</p>	20 minutes
<p>Venn Diagram Relay Race: This is a fun way to wrap up the day and test their knowledge. Be sure to leave room for discussion of abstinence when you debrief!</p>	10 minutes
<p>Anonymous Questions: Have students submit questions from today and answer remaining questions from the previous day.</p>	10 minutes
<p>Clean Up and Closing: Clean up the space and close out by taking a collective deep breath.</p>	5 minutes